

Transition to Independence Process

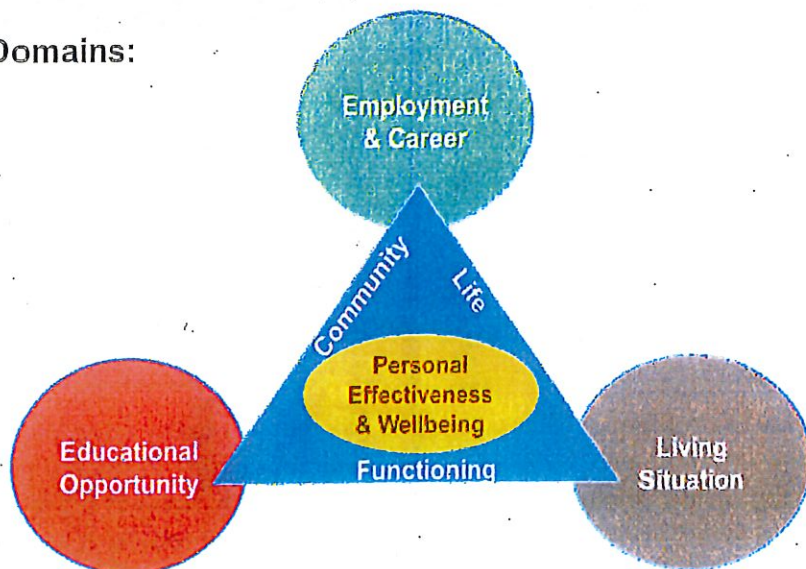
TIP Model® Guidelines

1. Engage young people through relationship development, person-centered planning, and a focus on their futures.
2. Tailor services and supports to be accessible, coordinated, appealing, non-stigmatizing, trauma-informed, and developmentally-appropriate -- and building on strengths to enable the young people to pursue their goals across relevant transition domains.
3. Acknowledge and develop personal choice and social responsibility with young people.
4. Ensure a safety net of support by involving a young person's parents, family members, and other informal and formal key players, as relevant to the young person's wellbeing.
5. Enhance young persons' competencies to assist them in achieving greater self-sufficiency and confidence.
6. Maintain an outcome focus in the TIP Model at the young person, program, and community levels.
7. Involve young people, parents, and other community partners in the TIP Model at the practice, program, and community levels.

TIP Model® Core Practices:

- Strength Discovery and Needs Assessment
- Futures Planning
- Rationales
- In vivo Teaching
- Social-Problem Solving (SODAS)
- Prevention Planning on High Risk Behaviors and Situations (WHAT'S UP?)
- Mediation with Young People and Other Key Players (SCORA)

TIP Transition Domains:



Child + Family Services

Parent Supports

Family Driven

Youth Guided Family Therapy

Agent of Change: Youth + Family

Focused on Family Functioning, Education + Coping Skills

HEALTHY TRANSITIONS PROGRAM

Peer Supports

Community Based

Youth/Young Adult Driven

Agent of Change: Youth + Young Adults

Discovery Oriented

Tailored to the Specific Needs of Youth + Young Adults Ages 16-25

Adult Services

Peer Supports

Office/Site Based

Tailored to Adults

Agent of Change: More Fully Autonomous Adults

Recovery Oriented